

CHILDREN'S COURSE DESCRIPTIONS

YOUNG LADIES AND GENTLEMEN

7 -12 yrs

Children rarely beg for the opportunity to attend a class on manners, and yet it is the key to building positive friendships and strong self-esteem. This fun hands-on workshop teaches telephone etiquette, basic table manners, introductions, personal care and posture. Each student receives a "goodie bag" to take home. Don't be surprised when they come out asking for more! *3 hour class*

HOLIDAY PARTY MANNERS

7 - 12 yrs

Reduce holiday stress. Don't let the Grinch steal your joy! Let us remind your children of the basics. Topics include: Meeting and greeting, family relationships, dress and grooming, duties as the host and guest, gift giving and receiving, thank-you notes. Students enjoy a holiday cookie and make their own thank-you notes. *2 ½ hour class*

BIRTHDAY PARTY MANNERS

5 to 7 yrs

8 to 11 yrs

It's a birthday party! It is also one of the first social situations that children encounter. Learning how to be gracious as a guest or guest of honor can be a real challenge. Boys and girls will practice how to meet and greet others, give and receive gifts, basic table manners, eat real birthday cake - neatly - and create their own thank-you notes. *2 ½ hour class*

THE ART OF DINING FOR CHILDREN

7 -12 yrs

Whether it's a gathering of friends or family, social skills are key in building healthy relationships and positive self-esteem. Guaranteed to be a memory maker, topics include: Tools and rules of the table, from how to handle a napkin, to presenting a toast. Conversation tips and more! Students leave eager to share their new skills with family and friends. Instruction, workbook and multi-course meal. *3 ½ hour class*

ART OF ETIQUETTE FOR CHILDREN

7 - 12 yrs

It's every parent's desire to see their children succeed and be accepted. Experts believe that the single biggest predictor of your child's success later in life is based on their social skills. This fun hands on course teaches telephone and cell phone etiquette, introductions, conversational skills, personal care, posture, party manners, thank-you notes and dining skills. On the final evening, students enjoy a multi-course meal. Course includes workbook and meal. *10 hour class*

MOTHER & DAUGHTER HIGH TEA

Celebrate the Holiday's in grand style as you learn the "Art of Taking Holiday High Tea". Enjoy an afternoon of festive decorations, sumptuous food and music.

TEEN COURSE DESCRIPTIONS

ART OF DINING FOR TEENS

13 - 17 yrs

In spite of our fast-pasted lifestyle, most of the important and memorable events of our lives occur over a meal. First dates, birthdays, prom, special celebrations, and *just because*. Very few today know how to handle a formal setting, let alone feel confident, and sadly, most are too shy to say so. This course provides teens with the perfect private setting to master everything from table settings, to dining do's and don'ts, conversation tips and presenting a toast, while enjoying a multi-course meal. *3 ½ hour class*

DATING CONFIDENCE FOR TEENS

15 - 18 yrs

Are you ready to date? Learn the secrets to creating, enjoying, and ending a great date. Topics include: The invitation, handling rejection, first impressions, the activity, meeting the parents, conversation tips, body language, restaurant etiquette, handling the check, date killers, and safety. *3 hour class*

TEEN STYLE

Girls ages 12 to 17

Girls, you know the hot new look! How do you make it work for you? Discover the secrets of having a great complexion and the role proper nutrition plays, while pampering yourself with a full facial and manicure. Each girl will learn how to apply simple make up to achieve a natural look. You will also be introduced to clothing personality, warm and cool coloring, body types and budgeting. This package, along with proper posture, is a powerful communicator and you will see why! *5 hour class*

STARTING POINT

12 - 17 yrs

Guys and gals, overcome the anxieties about “*how do I look, what do I say, and what do I do*”, in this fun, fast paced, interactive course. Topics include first impressions, presentation skills, introductions, posture, appearance tips, and manners for movies, shopping and dining. Never again will you wonder how to correctly eat a french fry! *3 hour class*

ART OF ETIQUETTE FOR TEENS

13 - 17 yrs

Teens will learn the vital social skills that will boost their confidence and set them apart for success! This interactive course includes: meeting and greeting others with ease, telephone and cell phone etiquette, conversational skills, first impressions, wardrobe basics, personal care, posture, extending and receiving invitations, thank you notes, interviewing tips, and dining skills. On the final class, student enjoy a multi course instructional meal. Course includes workbook and meal. *10 hour class*

Pre-Teen Style

Girls ages 9-13

Discover how to develop your own style and not just follow the crowd. True confidence shines from the inside out. Learn valuable communication skills, My space etiquette, party manners, friendship, maintaining a positive attitude, cultural respect, posture, clothing and nutrition. Experience the steps to great skin as you give yourself a facial. *4 hour class*